

DEEP CREEK CHILD CARE CENTRE				
WEEK 2: April-June 2025				
	MONDAY	TUESDAY	WEDNESDAY	FRIDAY
BREAKFAST 7:00am - 8:15am	Weetbix, Rice Bubbles or Toast with Honey, Jam or Vegemite			
ALL DAY	Fresh Fruit will be available all day for the children			
MORNING TEA served with milk/water 9:15am - 9:30am	Fresh Fruit Platter or Toast	Fresh Fruit Platter or Toast	Fresh Fruit Platter or Toast	Fresh Fruit Platter or Toast
LUNCH served with water 11:30am - 11:45am	Chickpea curry with rice (olive oil, brown onion, curry powder, chickpeas, coconut milk, potato, peas)	Tuna pasta (spaghetti, olive oil, onion, garlic, diced tomato, canned tuna, parsley)	Chilli con carne with rice (onions, ground cumin, oregano, garlic, beef mince, tomato paste, beef stock, red kidney beans, diced tomatoes, olive oil)	Teriyaki Chicken noodles (teriyaki sauce, rice wine vinegar, oil, chicken diced, ramen noodles, green onions, baby pak choy, sliced carrot)
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
AFTERNOON TEA served with milk/water 2:30pm - 3:00pm	Rice crackers with cheese, cucumber and tomato	Turkish bread and cream cheese	Mixed sandwiches	Rice cakes vegemite & cheese
LATE SNACK 5:30pm	Crackers and fruits			
	Cheese, cold meats (ham&chicken) tomato, cucumber, corn thins			